## **Sarah Dennis**

From:

Cllr Elizabeth Nockolds

Sent: To: 04 July 2019 12:44

Cc:

Sarah Dennis Ray Harding

Subject:

Fwd: Financial Assistance

See email below. FYI

This is the email which I sent out on June 26th after the last queries.

Elizabeth

Cllr. Elizabeth Nockolds

The Woottons

Deputy Leader

From: Cllr Elizabeth Nockolds < cllr. Elizabeth. Nockolds@West-Norfolk.gov.uk >

Sent: Wednesday, June 26, 2019 12:13 am

To: Councillors

Subject: Financial Assistance

## Dear Councillors

Although I was on holiday I have been following your emails/comments about my decision which I have delegated to you all to agree/disagree on giving Bridge for Heroes a grant of £2000.

The project, named 'Project Trigger', is a planned 6months project which will enable Bridge for Heroes to run monthly reminiscing sessions at the Bridge Centre. BFH are able to offer an environment where beneficiaries feel safe to discuss their thoughts, health issues and feelings with like minded people. The sessions would focus on Operation Banner, one of the longest continuous deployments in British Military history. A qualified reminiscing practitioner would run the sessions and also train volunteers to gain skills in enabling beneficiaries to share their stories through specific military resources. The majority of the beneficiaries have completed at least one tour in Northern Ireland. Over 6 months resources, stories, anecdotes and memories will be collected and put together for a public exhibition to viewed during February and after the grant funding has finished during Easter & Summer school holidays.

The exhibitions will aim to bring generations together to aid understanding of their lives, mental health issues and experiences of the British Armed Forces in Northern Ireland.

I do hope knowing more of the project you are able to support this grant. Elizabeth

Cllr. Elizabeth Nockolds

The Woottons

Deputy Leader